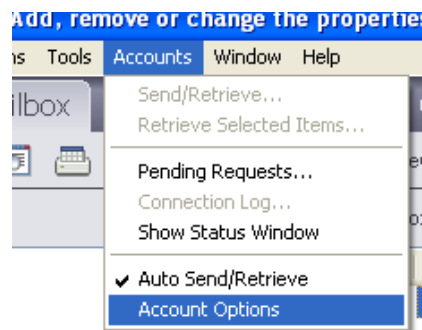


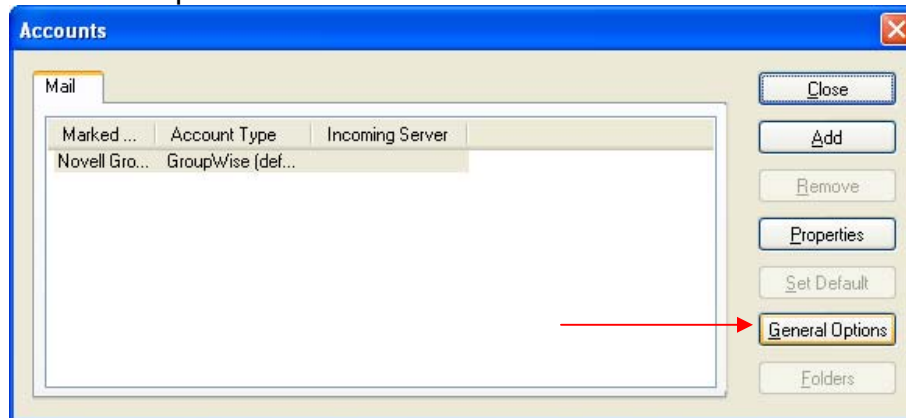
## Changing Your Send/Receive to Set Every 2 Minutes

Open Group Wise

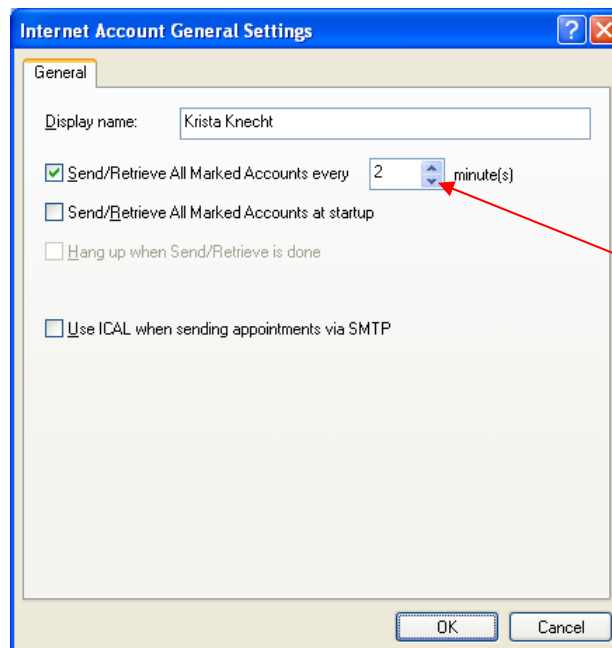
At the top menu selection, select Accounts > Account Options:



Choose: "General Options"



Change 15 minutes to Send/Receive every 2 minutes



Click OK, and close the window