

**Brandywine Heights Area School District
200 W. Weis Street, Tipton, PA**

Course Syllabus for 6th Grade Physical Education

Overview:

Middle school physical education incorporates purposeful movement, fitness concepts, skill improvement, and sportsmanship.

Textbook: None used

Outline of PE Content:

First Quarter: Cooperative activities, flag football, physical fitness, and outdoor games

Second Quarter: Volleyball, jump rope activities, bowling, and indoor games

Third Quarter: Basketball, frisbee activities, pillo polo, and indoor games

Fourth Quarter: Kickball, softball, track events, and outdoor games

Grading: Grades are based on the school district's grading policy.