

Brandywine Heights Area School District
200 West Weis Street, Tipton, PA 19562
Course Syllabus for Family and Consumer Science

Overview: A 45 day course to provide an introduction to Family and Consumer Sciences, including child development and food preparation. The Program is set up as an introduction to the curriculum offered at the high school level.

The Child Development unit is to help students become aware of the specifics involved in raising a child or babysitting a child. Concentration is on infants, toddlers and preschool age children. The Food Unit is an introduction to basic cooking equipment and the skills that are necessary in order to prepare foods in a safe kitchen environment.

Textbook and other Resources used: Handout packets are used.
Young Living, Glencoe/ McGraw-hill Publishers

Outline of Content: This is a 45 day course that meets every other day for either the first or the second quarter.

First Quarter

Child Development:

Ages and stages
Child's play and safety at each developmental stage
Children's Literature
Learning environment for children
Role of a caregiver
Preschool festival

Second Quarter

Foods:

Food safety and sanitation
Kitchen safe work environment
Kitchen utensils
Follow recipes and directions
Measuring ingredients
Labs and demonstrations for cooking and baking using a wide variety of healthy Foods
Food Pyramids- well balanced daily menu

Grading Policy:

Grades are based on the following:
Tests and Quizzes
Class Participation
Group Projects
Food Labs

Contact Information:

Homework Hotline: 610-682-5122 ext.658
Voice mail: ext. 358

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