

Syllabus for 6th Grade Health

Overview:

The Middle School Health Curriculum is designed to provide the student with information and learning experiences in order to live healthier lives.

Textbook(s) and Other Resources used: Holt, Rinehart, Winston. Health; Princeton Health Press: Lifeskills Training Program; Project Alert, BEST Foundation for a Drug Free Tomorrow.

Outline of Content: This is a one semester course which focuses on identity and communication skills that lead to self confidence. The structure and function of major body systems is taught (excluding the reproductive system). The Project Alert Program covering drugs, alcohol and tobacco is included in the course.

First Quarter

Topics: Communication and Relationships, Knowing Yourself, Body Systems.

Projects, papers, tests-schedule and types: Body Systems unit test.. Worksheets and activity assessments.

Second Quarter

Topics: Managing emotions, Project Alert.

Projects, papers, tests-schedule and types: Project Alert oral report.

Grading: Grade is based on the school district's grading policy.