

# BRANDYWINE HEIGHTS AREA SCHOOL DISTRICT

SECTION: PUPILS

TITLE: DISTRICT WELLNESS

ADOPTED: April 3, 2006

REVISED:

<ol style="list-style-type: none"> <li>1. Authority P.L. 108-265 Sec. 204 42 U.S.C. Sec. 1751, 1771 et seq</li> <li>2. Delegation of Responsibility</li> </ol>	<p style="text-align: center;">145. DISTRICT WELLNESS</p> <p>The following wellness policy has been created and adopted in support of the district’s Mission Statement and in response to state and federal requirements, including Public Law 108-265, more commonly known as the Federal Child Nutrition and School Lunch Reauthorization Act of 2004 and as required by the Richard B. Russell National School Lunch Act (42 U.S.C. 1751 et seq) and the Child Nutrition Act of 1966 (42 U.S.C. 1771 et seq).</p> <p>The district is committed to maximizing the health and wellness of its students and staff, and as a measure of this commitment authorizes the Superintendent or designee to implement this wellness policy that shall support the following:</p> <ol style="list-style-type: none"> <li>1. Providing school environments that promote and protect student’s health, well-being and ability to learn by supporting healthy eating, physical activity and wellness. Students will have the opportunity, support and encouragement to be physically active on a regular basis.</li> <li>2. Engage students, staff, parents, teachers and community members in promoting healthy life choices.</li> <li>3. All foods and beverages sold or served at school will progressively meet the recommended nutritional standards published by the Pennsylvania Department of Education, and Child Nutrition Division.</li> <li>4. All schools in the district will participate in the National School Lunch Program and will comply with federal, state and local requirements.</li> <li>5. The district will strive to provide an environment for eating that is safe, comfortable and allows ample time and space.</li> <li>6. The district’s Wellness Committee will develop, implement, periodically review, and as necessary, revise the wellness policy to address student needs for nutrition and physical activity.</li> </ol>
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