



Wellness For The LGBT+ Community Support Group

This group provides education and support for LGBT+ individuals and their supports/allies. Wellness topics relating to physical, mental, and emotional health will be introduced each week, followed by discussion and sharing

Starting August 2018

1st and 3rd Tuesdays of each month 6:00PM

2nd and 4th Tuesdays of each month 3:00PM

For more information contact:

Kelly Kulp, MA

Peer Support Supervisor

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Location: Greater Reading Mental Health Alliance, 1234 Penn Avenue, Wyomissing, PA

