

2019-2020 BRANDYWINE HEIGHTS ELEMENTARY ELEMENTARY MENU

BREAKFAST MENU

STUDENTS MUST TAKE 1/2 CUP OF FRUIT WITH EACH BREAKFAST MEAL!

Daily Alternative Entrées:

- 2 oz. Muffin (Choose 2) Fruit and Milk or
- 1 oz. Cereal (Choose 2) Fruit and Milk or
- 1 oz. Cereal & 2 oz. Muffin (choose both) Fruit and Milk

MONDAY

- Eggo Minis/Syrup
- Assorted Fruit(2)
- Milk

TUESDAY

- Breakfast Sandwich
- 100% Juice
- Chilled Fruit
- Milk

WEDNESDAY

- French Toast Sticks
- Sliced Apples
- 100% Juice
- Milk

THURSDAY

- Bagel with Melted Cheese
- Assorted 100% Juice
- Chilled Fruit
- Milk

FRIDAY

- Scrambled Eggs
- Muffin
- Assorted Fruit(2)
- Milk

MEAL PRICING

BREAKFAST	\$1.75
LUNCH	\$2.70
ADULT BREAKFAST	\$3.00
ADULT LUNCH	\$4.60

LUNCH MENU

LUNCH MEAL CALENDAR

- Week One Meal Plan
- Week Two Meal Plan
- Week Three Meal Plan
- Week Four Meal Plan

WEEK 1

MONDAY

- Hamburger/Cheese on WW Bun with Assorted Toppings
- Lettuce, Tomato & Pickle
- Potato Rounds
- Baked Beans
- Orange Smiles
- Oatmeal Cookie

TUESDAY

- Home-Style Spaghetti & Meatballs
- Garden Salad/LF Dressing
- WG Breadstick
- Chilled Fruit
- Chocolate Or Vanilla Pudding

WEDNESDAY

- **Breakfast for Lunch**
- Fluffy Pancakes/Syrup
- Low Fat Sausage
- Potato Rounds
- Assorted Fresh Fruit

THURSDAY

- Boneless Chicken Drumsticks w/ Sauces
- Sesame Green Beans
- Herb Rice
- Chili Sweet Potato Coins
- Chilled Fruit

FRIDAY

- Assorted WW Pizza
- Spinach Salad/LF Dressing
- Fresh Carrot Sticks/LF Dip
- Chilled Fruit

WEEK 2

MONDAY

- Hot Ham & Cheese on Pretzel Roll
- Ranch Potato Wedges
- Sliced Apples
- 1/2 oz. Chips

TUESDAY

- Bread Mozzarella Sticks/Marinara Sauce
- Steamed Broccoli
- Baby Carrots/FF Dip
- Chilled Fruit
- 100% Fruit Juice

WEDNESDAY

- Nachos w/ Ground Beef
- Lettuce, Tomato & Cheese
- Roasted Whole Kernel Corn
- Refried Beans
- Chilled Fruit
- Graham Crackers

THURSDAY

- Chicken Parmesan with Pasta
- Garden Salad/LF Dressing
- WW Breadstick
- Applesauce w/Cinnamon
- Oatmeal Cookie

FRIDAY

- **Breakfast for Lunch**
- French Toast Sticks/Syrup
- LF Sausage
- Hash Brown
- Fresh Veggie Tray/LF Dip
- 100% Fruit Juice

WEEK 3

MONDAY

- Grilled Two Cheese Sandwich
- Tomato Soup
- Celery Sticks/FF Dip
- Goldfish Crackers
- Applesauce w/Cinnamon

TUESDAY

- Chicken Tenders w/Dip
- WW Roll
- Honey Cooked Carrots
- Seasoned Rice Du Jour
- Cucumber Slices w/Dip
- Mixed Fruit

WEDNESDAY

- Spaghetti with Meat Sauce
- Caesar Salad/LF Dressing
- Seasoned White Beans
- Garlic Breadstick
- Chilled Fruit
- Graham Crackers

THURSDAY

- Cheese Pierogis w/Chili
- Tossed Salad/LF Dressing
- Petite Peas
- Chocolate Or Vanilla Pudding
- Chilled Fruit

FRIDAY

- French Bread Pizza
- Steamed Broccoli
- Caesar Salad/LF Dressing
- Apple Slices

WEEK 4

MONDAY

- Homemade Macaroni & Cheese
- Stewed Tomatoes
- WW Breadstick
- Fresh Baby Carrots/FF Dip
- Seedless Grapes

TUESDAY

- Chicken Patti on WW Bun
- Lettuce, Tomato & Pickles
- Wedge Herb Potatoes
- Orange Smiles
- 100% Fruit Juice

WEDNESDAY

- Cycle Menu Flex Day
- Chef's Choice will be Posted in Cafeteria

THURSDAY

- Beef Hotdog on WW Bun
- Home-style Baked Beans
- Cucumber Slices/FF Dressing
- Chilled Fruit
- Goldfish Crackers

FRIDAY

- Veggie Pizza
- Caesar Salad/LF Dressing
- Fresh Veggie Tray/LF Dip
- Sidekick 100% Fruit
- Sliced Apples

ALTERNATIVE MENU

MONDAY

- Chicken Nuggets/Roll
- Yogurt/Cheese/Granola Grab & Go
- PB & J Sandwich

TUESDAY

- Turkey & Cheese Munchables
- Yogurt/Cheese/Granola Grab & Go
- PB & J Sandwich

WEDNESDAY

- Cheese Pizza
- Yogurt/Cheese/Granola Grab & Go
- PB & J Sandwich

THURSDAY

- Turkey & Cheese Munchables
- Yogurt/Cheese/Granola Grab & Go
- PB & J Sandwich

FRIDAY

- Chicken Nuggets/Roll
- Yogurt/Cheese/Granola Grab & Go
- PB & J Sandwich

AUGUST 2019							SEPTEMBER 2019									
S	M	T	W	T	F	S	S	M	T	W	T	F	S			
				1	2	3	1	2	3	4	5	6	7			
4	5	6	7	8	9	10	8	9	10	11	12	13	14			
11	12	13	14	15	16	17	15	16	17	18	19	20	21			
18	19	20	21	22	23	24	22	23	24	25	26	27	28			
25	26	27	28	29	30	31	29	30								
OCTOBER 2019							NOVEMBER 2019									
S	M	T	W	T	F	S	S	M	T	W	T	F	S			
			1	2	3	4						1	2			
6	7	8	9	10	11	12	3	4	5	6	7	8	9			
13	14	15	16	17	18	19	10	11	12	13	14	15	16			
20	21	22	23	24	25	26	17	18	19	20	21	22	23			
27	28	29	30	31			24	25	26	27	28	29	30			
DECEMBER 2019							JANUARY 2020									
S	M	T	W	T	F	S	S	M	T	W	T	F	S			
						1						1	2	3	4	
8	9	10	11	12	13	14	5	6	7	8	9	10	11			
15	16	17	18	19	20	21	12	13	14	15	16	17	18			
22	23	24	25	26	27	28	19	20	21	22	23	24	25			
29	30	31					26	27	28	29	30	31				
FEBRUARY 2020							MARCH 2020									
S	M	T	W	T	F	S	S	M	T	W	T	F	S			
						1							1	2	3	4
2	3	4	5	6	7	8	8	9	10	11	12	13	14			
9	10	11	12	13	14	15	15	16	17	18	19	20	21			
16	17	18	19	20	21	22	22	23	24	25	26	27	28			
23	24	25	26	27	28	29	29	30	31							
APRIL 2020							MAY 2020									
S	M	T	W	T	F	S	S	M	T	W	T	F	S			
						1							1	2		
5	6	7	8	9	10	11	3	4	5	6	7	8	9			
12	13	14	15	16	17	18	10	11	12	13	14	15	16			
19	20	21	22	23	24	25	17	18	19	20	21	22	23			
26	27	28	29	30			24	25	26	27	28	29	30			
JUNE 2020																
S	M	T	W	T	F	S										
						1										
7	8	9	10	11	12	13										
14	15	16	17	18	19	20										
21	22	23	24	25	26	27										
28	29	30														

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

WAYS TO PURCHASE MEALS

POINT OF SALE SYSTEM

The Brandywine Heights Area School District utilizes a Point of Sale payment system for all school meals purchased in the district's cafeterias. NUTRIKIDS is an automated cafeteria check out system. A student will go through the lunch line, choose their food items, and when they proceed to the register, they will simply enter a pin number (Student ID #) or choose to use cash. Every student will have their own personal meal account based on their current student ID number. Students can access their accounts on the PIN pads located at every register. Staff will help students become familiar with the process the first few weeks of school. If your child should forget their PIN number, a food service staff member can access it through the register. Free/Reduced lunch information is securely contained within the system and the meal will be processed just as it is for all other students.

CHARGING POLICY

Our children are our most valuable resource and we want each and every one of them to have a proper nutritious lunch. No matter the ability to pay, all students entering our cafeterias will be offered a lunch of their choice with no questions asked regardless of the status of their lunch account. However, they are prohibited from buying any extras such as ice cream, bags of chips or additional beverages. Parents/guardians will be notified if their child's lunch account becomes negative and are still responsible for paying back all outstanding balances. The district has revised its meal charging procedures which can be found online at <http://www.bhasd.org/departments/food-services/meal-charge-procedure>. These measures are in accordance with the PA Act 55 and Section 1337 of the PA School Code. The Brandywine Heights Area School District administration and school board have established policy 808 - Food Services, which contains information on school meal charging and the collection of unpaid meal charges. The policy can be found on the district's website at <http://www.bhasd.org/school-board/school-board-policies/>.

PREPAYMENT OPTIONS

A prepaid account for all students allows parents to deposit money in your child's account, in any amount, at any time, without concerns about giving their student the exact change every morning. There are two methods for depositing money into a student's account.

- 1. Prepay Online:** Deposits can be made using a credit, debit or electronic check to a student account from the district's website: <http://www.bhasd.org/departments/food-services/my-school-bucks/> and clicking on the mySchoolBucks.com link. Details about the program can also be found at the previous listed link
- 2. Check or Cash:** Deposits can be submitted using check or cash in a pre-labeled envelope available in each school cafeteria. We recommend that parents send in checks rather than cash. If there is more than one student in a family, one deposit envelope may be used as long as you list the ID numbers of each student and tell us the amounts to deposit to each account. Example: A \$20.00 check.....Billy Doe - Grade 4 #1111 \$10.00, Judy Doe - Grade 6 #2222 \$10.00

Checks are to be made payable to Brandywine Heights Area School District Cafeteria Account. Please include your child's PIN (student ID #) on the check. A secured lock box located in each school cafeteria for students to place deposits in sealed pre-labeled envelopes. Envelopes with a deposit must be placed in a secured lock box which is located in the cafeteria of each building. Your child's ID # is private and should not be shared, so please make sure this information remains inside a sealed lunch envelope.

FREE AND REDUCED BREAKFAST/LUNCH PROGRAM:

In recognizing the need for helping meet the nutritional requirements of children and to comply with Public Law 91-238 and the regulations of the United States Department of Agriculture, the Brandywine Heights Area School District makes available to children of eligible families, a reduced price or free lunch. An income scale is used to determine eligibility of children for inclusion in the program. Please check on line at <http://www.bhasd.org/departments/food-services/free-reduced-price-breakfast-lunch-program/> for an application that must be filed each year unless you are notified by the school district of your eligibility. For more information please call the Food Service Department at 610-682-5141.

BRANDYWINE HEIGHTS ELEMENTARY MENU

2019-2020 ELEMENTARY MENU

Menu is subject to change without notice.

For questions regarding food services please contact the Food Service Department at 610-682-5141.

