



# BRANDYWINE HEIGHTS INTERMEDIATE & MIDDLE SCHOOL MENU

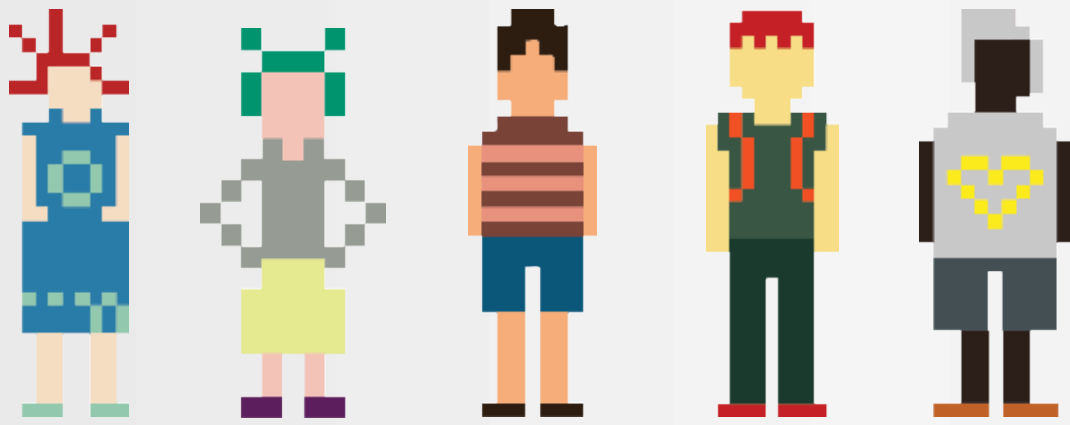
## BREAKFAST MENU

STUDENTS MUST TAKE 1/2 CUP OF FRUIT WITH EACH BREAKFAST MEAL!

DAILY ALTERNATIVE ENTRÉES: 2 OZ. MUFFIN (CHOOSE 2) FRUIT AND MILK OR

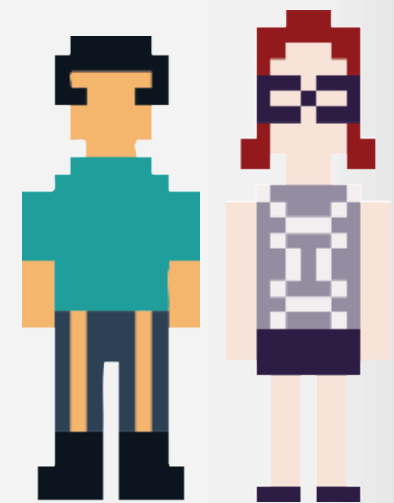
1 OZ. CEREAL (CHOOSE 2) FRUIT AND MILK OR 1 OZ. CEREAL & 2 OZ. MUFFIN (CHOOSE BOTH) FRUIT AND MILK

- | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|---|---|--|--|---|
| <ul style="list-style-type: none"> <li>Eggo Minis/Syrup</li> <li>Assorted Fruit(2)</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Breakfast Sandwich</li> <li>100% Juice</li> <li>Chilled Fruit</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Sliced Apples</li> <li>100% Juice</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Bagel with Melted Cheese</li> <li>Assorted 100% Juice</li> <li>Chilled Fruit</li> <li>Milk</li> </ul> | <ul style="list-style-type: none"> <li>Scrambled Eggs</li> <li>Muffin</li> <li>Assorted Fruit(2)</li> <li>Milk</li> </ul> |



## MEAL PRICING

BREAKFAST INTERMEDIATE	\$1.75
BREAKFAST MIDDLE SCHOOL	\$2.00
LUNCH INTERMEDIATE	\$2.70
LUNCH MIDDLE	\$2.95
ADULT BREAKFAST	\$3.00
ADULT LUNCH	\$4.50



## LUNCH MENU

- | Week 1           | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|------------------|---|---|--|---|---|
|                  | <ul style="list-style-type: none"> <li>Hamburger/Cheese on WW Bun with Assorted Toppings</li> <li>Lettuce, Tomato &amp; Pickle</li> <li>Potato Rounds</li> <li>Orange Smiles</li> <li>Oatmeal Cookie</li> </ul>                 | <ul style="list-style-type: none"> <li>Home-Style Spaghetti &amp; Meatballs</li> <li>Garden Salad/LF Dressing</li> <li>WG Breadstick</li> <li>Applesauce</li> <li>Chocolate Or Vanilla Pudding</li> </ul> | <ul style="list-style-type: none"> <li>Assorted Hoagie..</li> <li>Add Your Own Condiments</li> <li>Shredded Lettuce &amp; Tomato</li> <li>Chick Pea &amp; Mozzarella Salad</li> <li>1/2 oz. Chips</li> <li>Celery Sticks/Dip</li> <li>100% Fruit Juice</li> <li>Chilled Fruit</li> </ul> | <ul style="list-style-type: none"> <li>Boneless Chicken Drummies w/ Sauces</li> <li>Sesame Green Beans</li> <li>Herb Rice</li> <li>Chili Sweet Potato Coins</li> <li>Chilled Fruit</li> </ul>                 | <ul style="list-style-type: none"> <li>Stromboli</li> <li>Spinach Salad/ LF Dressing</li> <li>Fresh Carrot Sticks/ LF Dip</li> <li>Assorted Fruit</li> </ul>  |
| Week 2           | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|                  | <ul style="list-style-type: none"> <li>Hot Ham &amp; Cheese Sandwich</li> <li>Ranch Potato Wedges</li> <li>Steamed Broccoli</li> <li>Sidekick 100% Fruit</li> </ul>   | <ul style="list-style-type: none"> <li>Stuffed Bread Sticks/ Marinara Sauce</li> <li>Garden Salad/ LF Dressing</li> <li>Baby Carrots/FF Dip</li> <li>Chilled Fruit</li> <li>Graham Crackers</li> </ul>    | <ul style="list-style-type: none"> <li>Nachos w/ Ground Beef</li> <li>Lettuce, Tomato &amp; Cheese</li> <li>Roasted Whole Kernel Corn</li> <li>Refried Beans</li> <li>Apple Slices</li> </ul>  | <ul style="list-style-type: none"> <li>Chicken Parmesan With Pasta</li> <li>Steamed Broccoli</li> <li>WW Breadstick</li> <li>Applesauce with Cinnamon</li> <li>Oatmeal Cookie</li> </ul>                      | <ul style="list-style-type: none"> <li>French Toast Sticks/ Syrup</li> <li>LF Sausage</li> <li>Hash Brown</li> <li>Raw Veggie Tray/LF Dip</li> <li>100% Fruit Juice</li> <li>Chilled Fruit</li> </ul> |
| Week 3           | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|                  | <ul style="list-style-type: none"> <li>Grilled Two Cheese Sandwich</li> <li>Tomato Soup</li> <li>Cucumber Slices/FF Dip</li> <li>Goldfish Crackers</li> <li>Applesauce with Cinnamon</li> </ul>                                 | <ul style="list-style-type: none"> <li>Spaghetti with Meat Sauce</li> <li>Caesar Salad/LF Dressing</li> <li>Seasoned White Beans</li> <li>Garlic Breadstick</li> <li>Chilled Fruit</li> </ul>             | <ul style="list-style-type: none"> <li>Chicken Tenders w/Dip</li> <li>Potato Rounds</li> <li>WW Dinner Roll</li> <li>Fresh Tomato Salad</li> <li>Fresh Fruit</li> </ul>  | <ul style="list-style-type: none"> <li>Cheese Pierogies with Chili</li> <li>Tossed Salad/LF Dressing</li> <li>Roasted Carrots</li> <li>Chocolate Or Vanilla Pudding</li> <li>Chilled Fruit</li> </ul>         | <ul style="list-style-type: none"> <li>French Bread Pizza</li> <li>Fresh Broccoli</li> <li>Caesar Salad/ LF Dressing</li> <li>Apple Slices</li> </ul>   |
| Week 4           | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|                  | <ul style="list-style-type: none"> <li>Homemade Macaroni &amp; Cheese</li> <li>Caesar Salad/LF Dressing</li> <li>WW Breadstick</li> <li>Fresh Baby Carrots/FF Dip</li> <li>Seedless Grapes</li> <li>100% Fruit Juice</li> </ul> | <ul style="list-style-type: none"> <li>Chicken Patti on WW Bun</li> <li>Lettuce, Tomato &amp; Pickles</li> <li>Wedge Herb Potatoes</li> <li>Orange Smiles</li> <li>Warm Fruit Crisp</li> </ul>            | <ul style="list-style-type: none"> <li>Cycle Menu Flex Day</li> <li>Chef's Choice will be Posted in Cafeteria</li> </ul>   | <ul style="list-style-type: none"> <li>Beef Hotdog on WW Bun</li> <li>Assorted Toppings</li> <li>Home-style Baked Beans</li> <li>Cucumber Slices/ FF Dressing</li> <li>Chilled Fruit</li> </ul>               | <ul style="list-style-type: none"> <li>Sausage, Egg &amp; Cheese on WW Croissant</li> <li>Hash Brown</li> <li>Orange Smiles</li> <li>Assorted 100% Juice</li> <li>Graham Crackers</li> </ul>          |
| alternative menu | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|                  | <ul style="list-style-type: none"> <li>Salad Bar/Grain (2 oz.)</li> <li>Chef Choice Wraps/ Hoagies</li> <li>PB&amp;J Sandwich</li> <li>Mozzarella Sticks &amp; Roll</li> <li>Meatball Parm Sandwich</li> </ul>                  | <ul style="list-style-type: none"> <li>Salad Bar/Grain (2 oz.)</li> <li>Chef Choice Wraps/ Hoagies</li> <li>Corndogs (Lite, WG, Turkey)/WW Roll</li> <li>Quesadilla</li> <li>PB&amp;J Sandwich</li> </ul> | <ul style="list-style-type: none"> <li>Salad Bar/Grain (2 oz.)</li> <li>Chef Choice Wraps/ Hoagies</li> <li>Pizza</li> <li>BBQ Chicken Sandwich</li> <li>PB&amp;J Sandwich</li> </ul>  | <ul style="list-style-type: none"> <li>Salad Bar/Grain (2 oz.)</li> <li>Chef Choice Wraps/ Hoagies</li> <li>Hamb/Chb on WW Roll</li> <li>Hot Ham &amp; Cheese on Kaiser</li> <li>PB&amp;J Sandwich</li> </ul> | <ul style="list-style-type: none"> <li>Salad Bar/Grain (2 oz.)</li> <li>Chef Choice Wrap/ Hoagies</li> <li>Buffalo Chicken Sandwich</li> <li>Beef Hotdog</li> <li>PB&amp;J Sandwich</li> </ul>        |

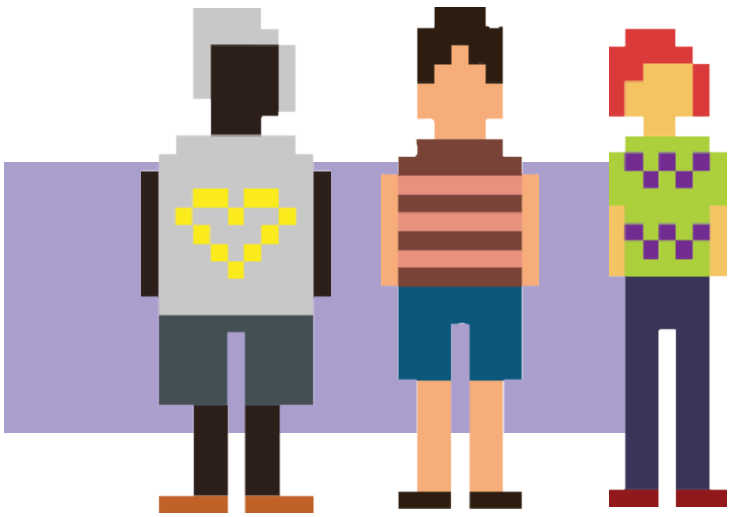
## SCHOOL MEAL CALENDAR

WEEK ONE MEAL PLAN	WEEK TWO MEAL PLAN	WEEK THREE MEAL PLAN	WEEK FOUR MEAL PLAN
AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019
DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020
APRIL 2020	MAY 2020	JUNE 2020	

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# WAYS TO PAY FOR MEALS



## POINT OF SALE SYSTEM

The Brandywine Heights Area School District utilizes a Point of Sale payment system for all school meals purchased in the district's cafeterias. NUTRIKIDS is an automated cafeteria check out system. A student will go through the lunch line, choose their food items, and when they proceed to the register, they will simply enter a pin number (Student ID #) or choose to use cash. Every student will have their own personal meal account based on their current student ID number. Students can access their accounts on the PIN pads located at every register. Staff will help students become familiar with the process the first few weeks of school. If your child should forget their PIN number, a food service staff member can access it through the register. Free/Reduced lunch information is securely contained within the system and the meal will be processed just as it is for all other students.

## CHARGING POLICY

Our children are our most valuable resource and we want each and every one of them to have a proper nutritious lunch. No matter the ability to pay, all students entering our cafeterias will be offered a lunch of their choice with no questions asked regardless of the status of their lunch account. However, they are prohibited from buying any extras such as ice cream, bags of chips or additional beverages. Parents/guardians will be notified if their child's lunch account becomes negative and are still responsible for paying back all outstanding balances. The district has revised its meal charging procedures which can be found online at <http://www.bhasd.org/departments/food-services/meal-charge-procedure>. These measures are in accordance with the PA Act 55 and Section 1337 of the PA School Code. The Brandywine Heights Area School District administration and school board have established policy 808 - Food Services, which contains information on school meal charging and the collection of unpaid meal charges. The policy can be found on the district's website at <http://www.bhasd.org/school-board/school-board-policies/>.

## PREPAYMENT OPTIONS

A prepaid account for all students allows parents to deposit money in your child's account, in any amount, at any time, without concerns about giving their student the exact change every morning. There are two methods for depositing money into a student's account.

**1. Prepay Online:** Deposits can be made using a credit, debit or electronic check to a student account from the district's website: <http://www.bhasd.org/departments/food-services/my-school-bucks/> and clicking on the mySchoolBucks.com link. Details about the program can also be found at the previous listed link

**2. Check or Cash:** Deposits can be submitted using check or cash in a pre-labeled envelope available in each school cafeteria. We recommend that parents send in checks rather than cash. If there is more than one student in a family, one deposit envelope may be used as long as you list the ID numbers of each student and tell us the amounts to deposit to each account. Example: A \$20.00 check.....Billy Doe – Grade 4 #1111 \$10.00, Judy Doe – Grade 6 #2222 \$10.00

Checks are to be made payable to Brandywine Heights Area School District Cafeteria Account. Please include your child's PIN (student ID #) on the check. A secured lock box located in each school cafeteria for students to place deposits in sealed pre-labeled envelopes. Envelopes with a deposit must be placed in a secured lock box which is located in the cafeteria of each building. Your child's ID # is private and should not be shared, so please make sure this information remains inside a sealed lunch envelope.

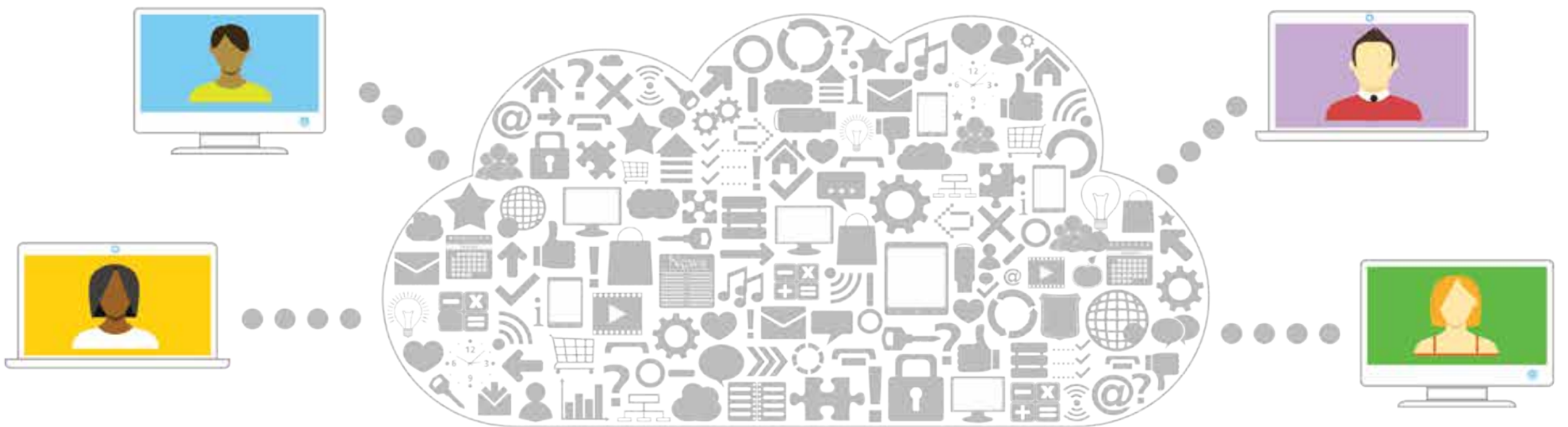
## FREE AND REDUCED BREAKFAST/LUNCH PROGRAM:

In recognizing the need for helping meet the nutritional requirements of children and to comply with Public Law 91-238 and the regulations of the United States Department of Agriculture, the Brandywine Heights Area School District makes available to children of eligible families, a reduced price or free lunch. An income scale is used to determine eligibility of children for inclusion in the program. Please check on line at <http://www.bhasd.org/departments/food-services/free-reduced-price-breakfast-lunch-program/> for an application that must be filed each year unless you are notified by the school district of your eligibility. For more information please call the Food Service Department at 610-682-5141.

# 2019 2020

BRANDYWINE HEIGHTS INTERMEDIATE & MIDDLE

# SCHOOL MENU



# 2019 2020

BRANDYWINE HEIGHTS INTERMEDIATE & MIDDLE

# SCHOOL MENU



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.  
FOR QUESTIONS REGARDING FOOD SERVICES  
PLEASE CONTACT THE FOOD SERVICE DEPARTMENT  
AT 610-682-5141.

